## **Diabetes Support Group To Discuss Counting Carbohydrates**

The Diabetes Support Group will host Jeanie Mayer, RD, CDE, to lead a discussion entitled "Counting Carbohydrates" on Tuesday, March 16, at 7 p.m. The meeting will be held at South Central District Health, located on the College of Southern Idaho campus. People attending the meeting should use the north entrance of the District Health building.

The Diabetes Support Group meeting is open to the public and there is no charge to attend. The group meets regularly at 7 p.m. on the third Tuesday of each month at South Central District Health.

Contact Carol Gandiaga at 733-5300 or Susie Beem at 734-5900, ext. 246, for more information.